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Summer School 2016 Report

Summer School 2016

A joint initiative of Diverse FM Community Media & Training and Mitalee Youth Association (charity reg no: 1130404)

Winner 2004 Winner 2014

MITALEE YOUTH ASSOCIATION Established 1984

Diverse Online | On FM 102.8 | On Mobile

Encouraging tolerance, supporting participation & developing leadership through positive activities for children & young people

Maidenhall Junior School - 25th July 2016 - 18th August 2016
11.00am to 4.00pm (unless otherwise stated) - Entrance via Dunstable Road

Accredited & Non-Accredited Training Volunteering Arts & Crafts Educational & Awareness Raising Workshops
Lazer Quazer Rock Climbing Zorb Bubble Football Active Fitness Session Foot Golfing Super Soccer Star Challenge
Ice Skating Mini Olympic Swimming At Oasis Residential Trip (Teambuilding /Kayaking/Raft Building)
Charity Event Recycle Fashion Show Alton Towers Trips Plus Lots More

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The Summer School Project

A joint initiative of Diverse FM Community Media and Training and Mitalee Youth Association

Summer School project is jointly organised by Diverse FM Community Media and Training and Mitalee Youth Association, and supported by a range of partner agencies from both public and voluntary and community sector, including Luton Borough Council, Bedfordshire Police, Bedfordshire and Luton Fire and Rescue Service, Maidenhall Junior School, Safer Luton Partnership, University of Bedfordshire, ASR Learning Centre, Community Interest Company Luton (CIC), TOKKO, Brook, 4YP, New Horizon, Drugs and Alcohol Services in the Community, NCS and others.

Summer School has been running in the Burypark area of Luton for over 25 years. For the last 9 or 10 years the project has been taking place at Maidenhall Junior School which is located in the Saints Ward and borders with Dallow, Biscot and Challney Wards of Luton.

Majority of the participants attend the project comes from Biscot and Dallow Wards. Both of these wards are amongst the 10% of the most deprived wards in the East of England region. It suffers from multiple of deprivation including poor housing, lack of amenities/ outdoor playing areas, poor educational attainment, lack of skills, high unemployment, poor health, drugs and alcohol misuse and other issues related to socio-economic factors.

Summer School project is entirely run by young people, for young people, from start to finish. With the aid of radio broadcasting, personal contacts, carrying out outreach works in the community and referrals from our partner agencies, we successfully recruit and train each year up to 120 young people aged 16-25 and from different social, community and cultural backgrounds as volunteer worker.

Summer School provides unique opportunities to local young people to register as volunteer and gain a range of key lifelong and employability skills by taking part in a range of training and educational workshops, including the mandatory Child Protection, Safeguarding and First Aid at Workplace training.

Some of the volunteers are also provided with optional mentoring, leadership development and project management training, enabling them to gain relevant knowledge and skills to work as a mentor to other young people and help organise and run the daily programme of activities effectively.

All volunteers undergo DBS checks prior to start working at the project. Once the training and DBS clearance completed, all volunteer are encouraged and supported to become actively involved in the project planning and development of a range of social, educational, recreational, educational and awareness raising workshops and a range of accredited and non-accredited training courses, in order for them to be empowered and have a voice in shaping and delivering the project and its activities.

Many of the young people engage at the project as participant and later on work as volunteer, use the project as a stepping stone and goes on to become youth worker, social worker, teacher, classroom assistant and community development worker.

I would like to take this opportunity to thanks all the volunteers, participants and parents and more importantly all the partner agencies, sponsors and funders, without whose supports we would not be able to deliver this initiatives.

Thank you.

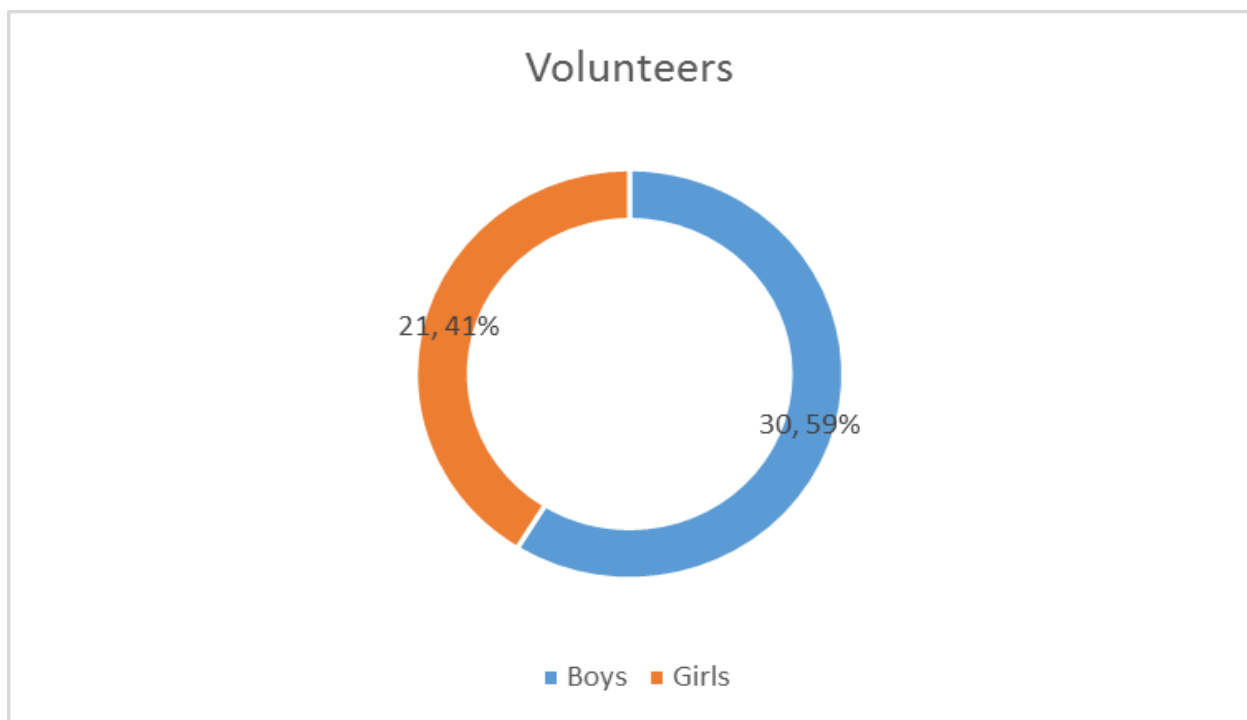
Mehbub Koyes (Mugsy) - Training & Youth Development Manager

Empowering Young People:

In line with our common practice to develop and deliver the summer school project with young people's involvement from start to finish and ensure that the project is entirely run by young people, for young people, we carried out a range of volunteer recruitment drive prior to the start of the summer school project, including outreach works in the community by our trained peer mentors and volunteers, seeking referral from partner agencies and carrying out promotion on Diverse 102.8 FM.

This year we were able to successfully recruit and train 51 young people aged 15 – 25 and from different social, community and cultural backgrounds as volunteers.

DBS check were carried out on all volunteers and mandatory First aid at Workplace and Safeguarding training, as well as other optional training such as project management, Leadership Development, SIA Door Supervision were provided to all the volunteers.



Number of Voluntary Hours:

On average each young volunteer completed approximately 150 hours of voluntary work. This includes taking part in meetings, training and working on the actual project.

Developing the programme of activities:

Prior to the start of the Summer School project, volunteers organised a number of meetings with partners agencies and in consultation with the partner agencies the programme of activities were agreed and planned accordingly.



Project planning meeting with partner agencies

This year the project run for 4 weeks starting from 25th July and ending on 18th August. Summer School provided the following programme of activities for young people.

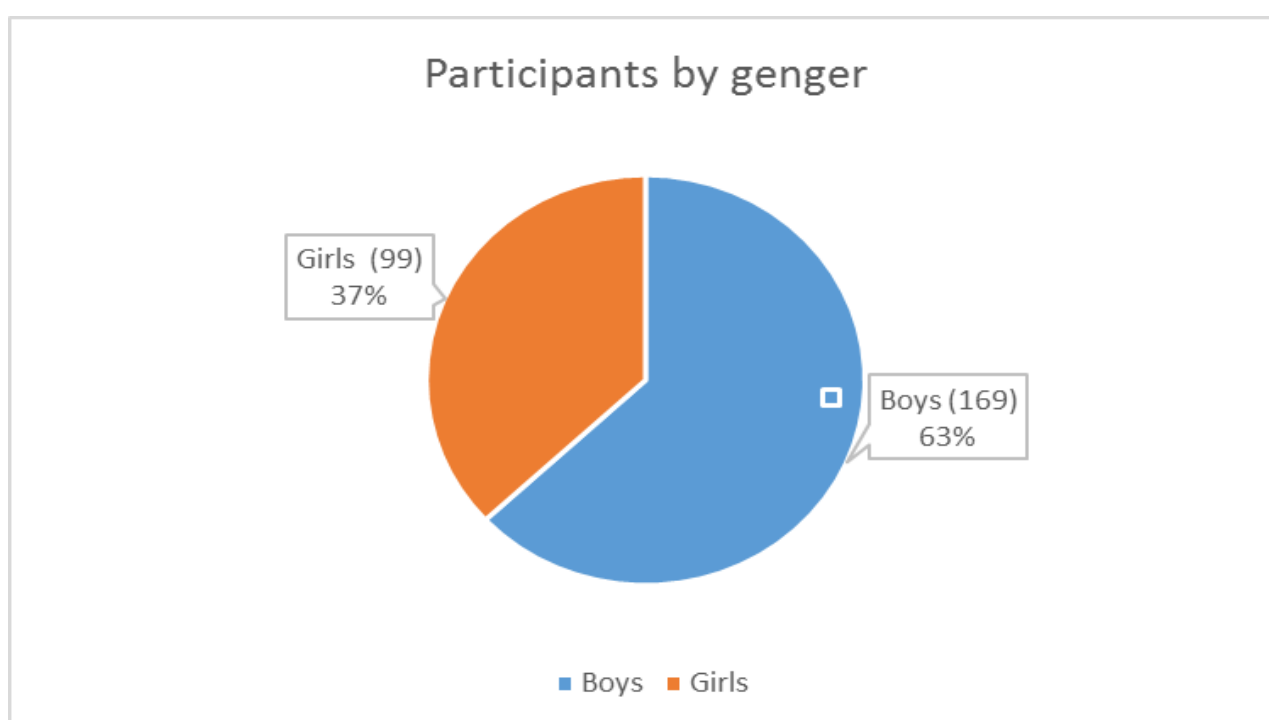
WEEK 1 Programme		WEEK 2 Programme	
Site: Maidenhall Junior School	25/7/2016 Safeguarding Training First Aid session 1 (Volunteers) First Aid session 2 (Volunteers) Leadership Development Training Mentoring Training Health & Safety at Workplace	11.00am - 1.00pm 12.00pm - 2.00pm 2.00pm - 4.00pm 11.00am - 4.00pm 11.00am - 4.00pm 11.00am - 4.00pm	
	26/7/16 Registration - Young people Arts & Crafts Indoor & Outdoor Play/ Sports Activities	11.00am - 1.00pm 11.00am - 1.00pm 11.00am - 1.00pm	
	27/7/16 Emergency First Aid (Maldenahall) girls Interpersonal Skills Training Active Fitness Session Tokko (Rock Climbing) Indoor Fun & Game Emergency First Aid (Maldenahall) boys	11.00am - 1.00pm 12.00pm - 3.00pm 1.00pm - 3.00pm 1.00pm - 2.30pm 1.00pm - 4.00pm 1.15pm - 3.15pm	
	28/7/16 Indoor & Outdoor Play/ Sports Activities Employability Skills Tokko (Rock Climbing) Active Fitness Session Super Soccer Star Challenge	11.00am - 4.00pm 11.00am - 4.00pm 1.00pm - 2.30pm 1.00pm - 3.00pm 1.00pm - 3.00pm	
	29/7/16 Indoor & Outdoor Play/ Sports Activities Mentoring Skills Active Fitness Session Super soccer star challenge Residential Trip (Teambuilding /Kayaking/ Raft building)	11.00am-4.00pm 11.00am-4.00pm 1.00am-3.00pm 1.00am-3.00pm 11.00am-4.00pm	
			1/08/16 Lazer Quazer Employability Skills Fun & games Beauty workshop Super Soccer Challenge
			11.00am - 4.00pm 11.00am - 4.00pm 11.00am - 4.00pm 1.00pm - 3.00pm 1.00pm - 3.00pm
			2/8/16 Indoor & Outdoor Play/ Sports Activities Go Bowling Grove Farm visit Zorb Bubble Football
			11.00am - 4.00pm 1.00pm - 3.00pm 1.00pm - 3.00pm 1.00pm - 3.00pm
			3/8/16 Card making Active Fitness Session Foot Golfing - Stockwood Park Indoor & Outdoor Play/ Sports Activities
			11.00am - 12.00pm 1.00pm - 3.00pm 1.00pm - 3.30pm 1.00pm - 3.00pm
			4/8/16 Indoor fun & games Active Fitness Session Shisha workshop Nerf Challenge Foot Golfing - Stockwood Park Henna workshop
			11.00am - 4.00pm 11.00am - 12.00pm 1.00pm - 3.00pm 1.00pm - 3.00pm 1.00pm - 3.30pm 2.00pm - 3.00pm
			4/8/16 - 7/8/16 SIA Security Course Level 2
			10.00am - 5.00pm

WEEK 3 Programme		WEEK 4 Programme	
Site: Maidenhall Junior School	8/8/16 Indoor fun & games Ice skating (Planet Ice) Mini Olympic Shisha Workshop Anti-Bullying Workshop Bedfordshire Fire & Rescue Service & Bedfordshire Police Mini Roadshow	11.00am - 4.00pm 12.00pm - 3.30pm 1.00pm - 3.00pm 1.00pm - 2.00pm 2.00pm - 4.00pm 11.00am - 4.00pm	
	9/8/16 Woodside Farm Visit Jump Area Henna Workshop Cannabis Workshop Treasure Hunt Hate Crime Workshop	12.00am - 3.30pm 12.30pm - 3.00pm 1.00pm - 4.00pm 1.00pm - 2.00pm 2.00pm - 4.00pm 2.00pm - 3.00pm	
	10/8/16 Swimming - Bedford Oasis Indoor & Outdoor Play/ Sports Activities Dress making Hate Crime Workshop	11.00am - 3.00pm 11.00am - 4.00pm 1.00pm - 3.30pm 2.00pm - 3.00pm	
	11/8/16 Indoor fun & games Swimming - Bedford Oasis Indoor fun & games Recycle Fashion Show Henna Workshop	11.00am - 4.00pm 11.00am - 4.00pm 11.00am - 4.00pm 1.00pm - 3.30pm 2.00pm - 3.00pm	
		15/08/16 Charity Event Bouncy castle Indoor & Outdoor Play/ Sports Activities	11.00am - 4.00pm x 2
		16/8/16 Competitions (Sports, Arts & Crafts) Indoor fun & games	11.00am - 4.00pm 11.00am - 4.00pm
		17/8/16 Alton Towers (No onsite activities) Age 12 and over (Please arrive by 7.45am latest. Coach will leave by 8am)	8.00am - 8pm approx.
		18/08/16 Presentation Ceremony (Parents welcome)	1.00pm-4.00pm



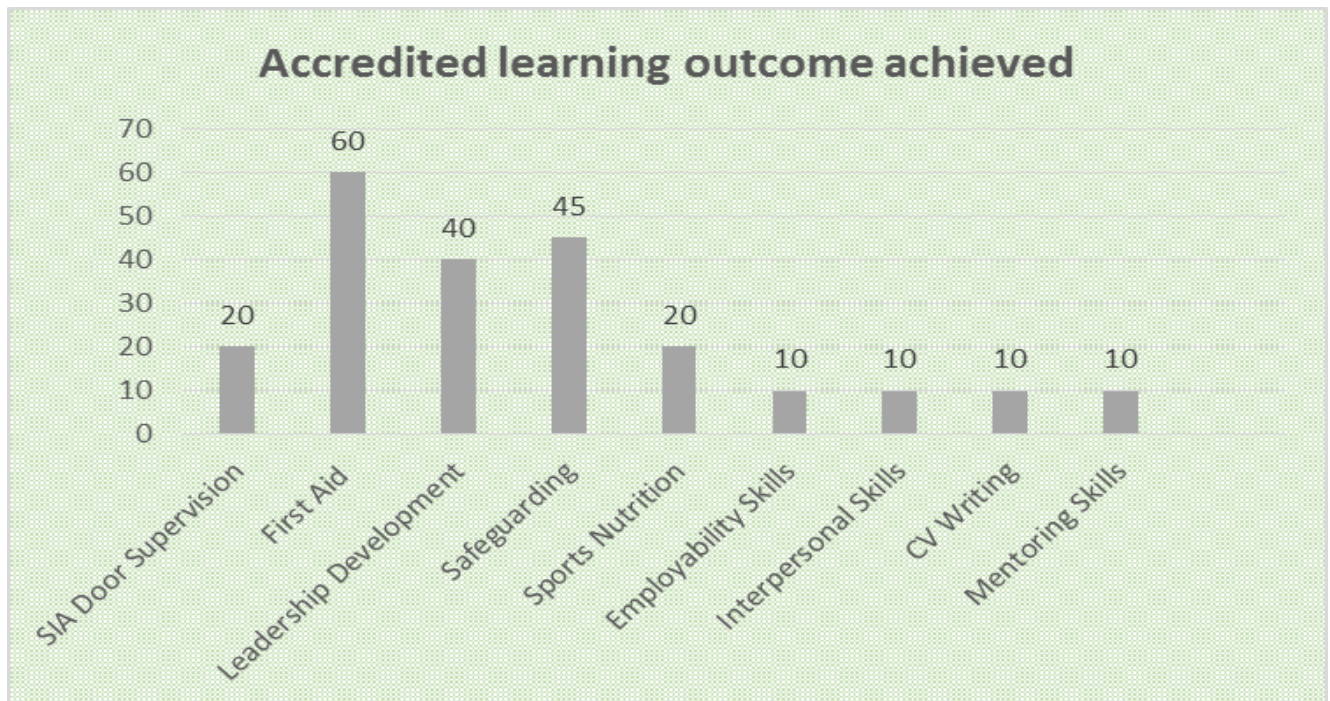
Number of young people benefiting from Summer School project:

In addition to the 51 young volunteers, a further 268 young people, mainly aged between 8 to 18 years old registered as a participant and attended on a daily basis, Monday to Friday between the hours of 11.00am – 4.00pm.





Accredited learning outcome achieved:



Educational/ Awareness Raising & Non-accredited Learning

Outcome Achieved:



Positive impact on reducing anti-social behaviour (ASB) and crime in the area served by the project:

Typically ASB and crime rate rises during the summer holiday. The following Information provided by the Bedfordshire Police demonstrate the project has had made a significant impact in reducing crime in all four wards (Biscot, Dallow, Saints and Challney) served by the summer school project.

Please see below crime stats comparison for last year and this year relating to Crime, ASB and other issues. These stats have been measured between 01/06/ 2015 to 31/08/2015 and 01/06/2016 and 31/08/2016.

It would appear that ASB incidents has risen in each ward in the same three months period from last year. This could be due to a number of factors e.g. incidents taking place prior to the start of the project, as stats are not broken down for each month.

DALLOW WARD

Year to Date by Closing Type

Closing Grouping	Incidents Per Day			Incidents			Incidents Attended			Attendance Rate		
	01/06/15 to 31/08/15	01/06/16 to 31/08/16	% Change	01/06/15 to 31/08/15	01/06/16 to 31/08/16	Change	01/06/15 to 31/08/15	01/06/16 to 31/08/16	% Change	01/06/15 to 31/08/15	01/06/16 to 31/08/16	Change
Transport	0.5	0.7	+38.8%	49	68	+19	25	36	+44.0%	51.0%	52.9%	+1.9%
Anti-Social Behaviour	0.6	0.7	+14.0%	57	65	+8	23	28	+21.7%	40.4%	43.1%	+2.7%
Public Safety/Welfare	2.3	2.8	+23.8%	210	260	+50	110	151	+37.3%	52.4%	58.1%	+5.7%
Crime	0.7	0.6	-14.9%	67	57	-10	51	41	-19.6%	76.1%	71.9%	-4.2%
Total	4.2	4.9	+17.5%	383	450	+67	209	256	+22.5%	54.6%	56.9%	+20.4%

BISCOT WARD

Year to Date by Closing Type

Closing Grouping	Incidents Per Day			Incidents			Incidents Attended			Attendance Rate		
	01/06/15 to 31/08/15	01/06/16 to 31/08/16	% Change	01/06/15 to 31/08/15	01/06/16 to 31/08/16	Change	01/06/15 to 31/08/15	01/06/16 to 31/08/16	% Change	01/06/15 to 31/08/15	01/06/16 to 31/08/16	Change
Transport	0.3	0.3	+0.0%	31	31	+0	16	16	+0.0%	51.6%	51.6%	+0.0%
Anti-Social Behaviour	1.3	1.4	+4.1%	123	128	+5	48	50	+4.2%	39.0%	39.1%	+0.0%
Public Safety/Welfare	3.2	2.7	-14.1%	291	250	-41	170	135	-20.6%	58.4%	54.0%	-4.4%
Crime	1.0	1.1	+8.5%	94	102	+8	67	72	+7.5%	71.3%	70.6%	-0.7%
Total	5.9	5.6	-5.2%	539	511	-28	301	273	-9.3%	55.8%	53.4%	-8.3%

BURYPARK AREA (Biscot and Dallow)

Year to Date by Closing Type

Closing Grouping	Incidents Per Day			Incidents			Incidents Attended			Attendance Rate		
	01/06/15 to 31/08/15	01/06/16 to 31/08/16	% Change	01/06/15 to 31/08/15	01/06/16 to 31/08/16	Change	01/06/15 to 31/08/15	01/06/16 to 31/08/16	% Change	01/06/15 to 31/08/15	01/06/16 to 31/08/16	Change
Transport	0.8	0.8	+2.9%	70	72	+2	35	41	+17.1%	50.0%	56.9%	+6.9%
Anti-Social Behaviour	0.9	1.2	+34.2%	79	106	+27	34	40	+17.6%	43.0%	37.7%	-5.3%
Public Safety/Welfare	3.2	2.9	-6.6%	290	271	-19	170	152	-10.6%	58.6%	56.1%	-2.5%
Crime	1.4	1.3	-9.1%	132	120	-12	86	88	+2.3%	65.2%	73.3%	+8.2%
Total	6.2	6.2	-0.4%	571	569	-2	325	321	-1.2%	56.9%	56.4%	-0.9%

SAINTS WARD

Year to Date by Closing Type

Closing Grouping	Incidents Per Day			Incidents			Incidents Attended			Attendance Rate		
	01/06/15 to 31/08/15	01/06/16 to 31/08/16	% Change	01/06/15 to 31/08/15	01/06/16 to 31/08/16	Change	01/06/15 to 31/08/15	01/06/16 to 31/08/16	% Change	01/06/15 to 31/08/15	01/06/16 to 31/08/16	Change
Transport	0.4	0.4	-5.0%	40	38	-2	17	21	+23.5%	42.5%	55.3%	+12.8%
Anti-Social Behaviour	0.7	0.8	+9.5%	63	69	+6	20	28	+40.0%	31.7%	40.6%	+8.8%
Public Safety/Welfare	1.8	2.0	+10.7%	169	187	+18	97	115	+18.6%	57.4%	61.5%	+4.1%
Crime	0.7	0.6	-9.8%	61	55	-6	50	41	-18.0%	82.0%	74.5%	-7.4%
Total	3.6	3.8	+4.8%	333	349	+16	184	205	+11.4%	55.3%	58.7%	+8.8%

CHALLNEY WARD

Year to Date by Closing Type

Closing Grouping	Incidents Per Day			Incidents			Incidents Attended			Attendance Rate		
	01/06/15	01/06/16	% Change	01/06/15	01/06/16	Change	01/06/15	01/06/16	% Change	01/06/15	01/06/16	Change
	to 31/08/15	to 31/08/16		to 31/08/15	to 31/08/16		to 31/08/15	to 31/08/16		to 31/08/15	to 31/08/16	
Transport	0.1	0.1	-41.7%	12	7	-5	3	5	+66.7%	25.0%	71.4%	+46.4%
Anti-Social Behaviour	0.3	0.4	+12.9%	31	35	+4	10	6	-40.0%	32.3%	17.1%	-15.1%
Public Safety/Welfare	0.9	0.7	-25.0%	84	63	-21	47	32	-31.9%	56.0%	50.8%	-5.2%
Crime	0.3	0.2	-21.4%	28	22	-6	22	16	-27.3%	78.6%	72.7%	-5.8%
Total	1.7	1.4	-18.1%	155	127	-28	82	59	-28.0%	52.9%	46.5%	-26.5%

Year to Date by Opening Type

Charity event:

As part of summer school annual charity day, a unique fund raising event was organised by young people, volunteers and their families to raise funds for their chosen charities.

The main focus of the event was to help young people gain organisational and project management skills, and at the same time learn the value of charitable works and raise funds for a good cause.

This year total amount raised were £1,134.26 which was donated to Human Appeal Charity.



Presentation day:

On Friday, 14th August a presentation ceremony was held to recognise the contribution and achievement of young people and volunteers. Amongst the dignitaries the ceremony was also attended by the Mayor of Luton and representatives from partner agencies.

Certificates for various training, as well as trophies were also presented to winners and runners up of various competitions.

Young people organised the whole event from start to finish, including hosting and making different presentations to invited guests.



Impact Questionnaire Survey:

During the Summer School a qualitative impact questionnaire survey was carried out amongst 110 young people, out of possible 319 young people (volunteers and service users)

This section of the Interim Report shows the results of the Impact Assessment which is adapted from the Young Foundation framework and focuses on outcomes and measuring impact:

The following capabilities were measured using a number of statements and asking the young people and young volunteers to score how they felt at the start of the summer project and again at the end.

- Ambition
- Creative
- Confidence
- Resilient & Determined
- Communication
- Managing feelings
- Relationships
- Independence
- Leadership

There is substantial and growing evidence that developing social and emotional capabilities supports the achievement of positive life outcomes, including educational attainment, employment and health.

Capabilities such as resilience, communication, and negotiation are also increasingly cited as being the foundations of employability. Evidence shows that approaches that focus on building social and emotional capabilities such as these can have greater long-term impact than ones that focus on directly seeking to reduce the 'symptoms' of poor outcomes for young people.

A framework of outcomes for young people, The Young Foundation, 2012

Young People were asked to score themselves against a number of statements mapped to the capabilities. The scale on which young people were asked to score themselves was from 1 (low) to 10 (high).

This system for measuring outcomes and impact enabled the Consortium to measure the impact, or "distance travelled" of young people participating in activities over the 4 weeks of August 2016.

A separate measure of Leadership capabilities was undertaken with volunteers who were all under the age of 18 years who worked on the Summer School Projects.

The Capability definitions, as defined by the Young Foundation are:

Leadership

Young people are self-motivated and have the ability to motivate others; they have good interpersonal skills and ability to make decisions; they value others and the contribution they make, they show empathy and work well in a team focussed on achieving goals; they are able to have a positive influence on other young people, are well organised and are able to use their own initiative.

Ambition

Young people are aware of their own strengths and weaknesses; they are able to set goals for themselves and complete tasks; they respond to set backs with another plan and are achievement driven.

Creative

Young people are open to new ideas and thinking; they are able to find alternative ways of doing things and come up with solutions to problems. They present thoughts and ideas in a creative way.

Confident

Young people have high levels of confidence and self-esteem; they have a belief in themselves and not afraid to make mistakes. They take responsibility for their own actions and have a positive attitude.

Resilient & Determined

Young people are self-disciplined and have a willingness to get things done. They bounce back quickly from set-backs; have a positive routine and healthy lifestyle.

Communicate

Young people are able to explain their views and opinions and express their own thoughts. They have questioning skills and clarity of thinking. They are able to use different ways of communicating.

Manage Feelings

Young people are able to identify a range of feelings and emotions and are able to express these in a positive way. They can identify emotional triggers and are able to understand how their feelings and emotions may affect others. They have support from friends, family and others and are able to talk about their feelings.

Relationships

Young people value and respect individuality; they are able to show understanding and empathy and have a good support structure around them. They have positive and healthy relationships and understand boundaries and appropriate behaviour. They are able to work out differences with others.

Independent

Young people take responsibility for their own choices, have good social skills and a stable friendship group. They are able to manage money and able to access community facilities and service they need.

Satisfaction Outcomes:

Total responses	110
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	Excellent	V Good	OK	Not very good	Rubbish
I feel the activities overall were	40.0%	40.0%	16.4%	1.8%	1.8%

	Excellent	V Good	OK	Not very good	Rubbish	didn't do any
The sports and fitness activities were	33.6%	41.8%	17.3%	0.0%	0.0%	7.3%

	Excellent	V Good	OK	Not very good	Rubbish	didn't do any
The trips and outings were	33.6%	30.0%	24.5%	0.0%	0.0%	11.8%

	Excellent	V Good	OK	Not very good	Rubbish	didn't do any
Information & advice (workshops, training)	30.9%	30.0%	30.0%	1.8%	0.9%	6.4%

	Excellent	V Good	OK	Not very good	Rubbish
Support I received for youth workers was	50.0%	32.7%	15.5%	0.0%	1.8%

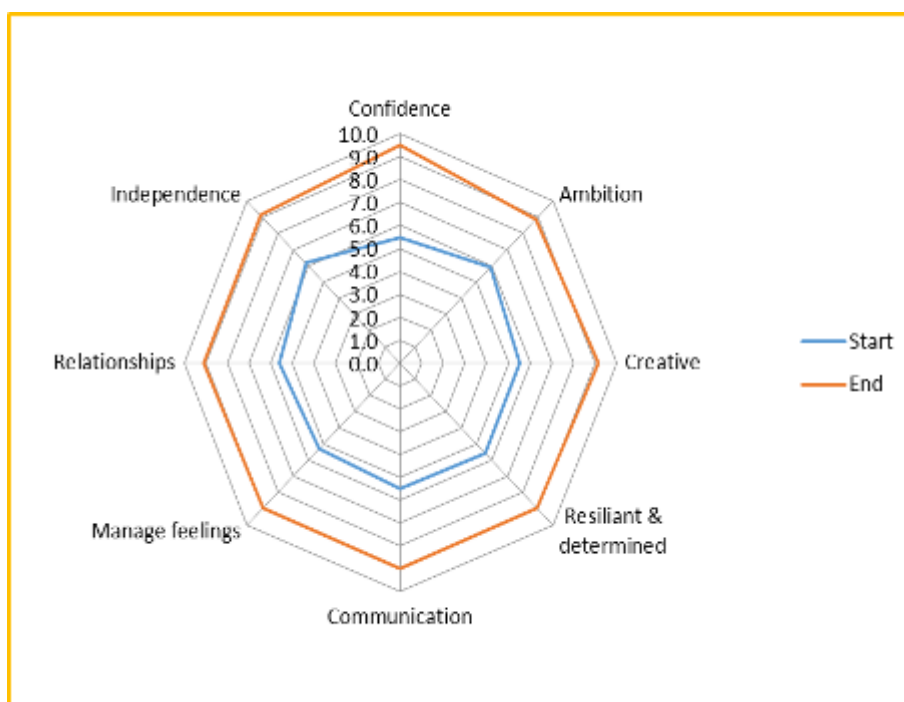
	Yes	No	Not sure
I felt valued & respected	78.2%	2.7%	19.1%
I felt my opinion is valued	74.5%	1.8%	23.6%
Staff and volunteers listened to me	88.2%	2.7%	9.1%

	Yes	No	Not sure
I made new friends	86.4%	4.5%	9.1%
I would recommend the youth activities to my friends	92.7%	0.9%	6.4%
I had fun	93.6%	2.7%	3.6%

	Low	Medium	High
I feel fit & healthy	4.5%	38.2%	57.3%
I feel I have more skills to help me stay safe	6.4%	30.9%	62.7%
I had fun and feel I've achieved something during the holiday programme	5.5%	32.7%	61.8%
I feel I've been able to make a positive contribution	3.6%	31.8%	64.5%
I feel I am more in control of what happens to me	5.5%	24.5%	70.0%
I feel I will be more tolerant and accepting of other people	1.8%	29.1%	69.1%
I feel more motivated	3.6%	19.1%	77.3%

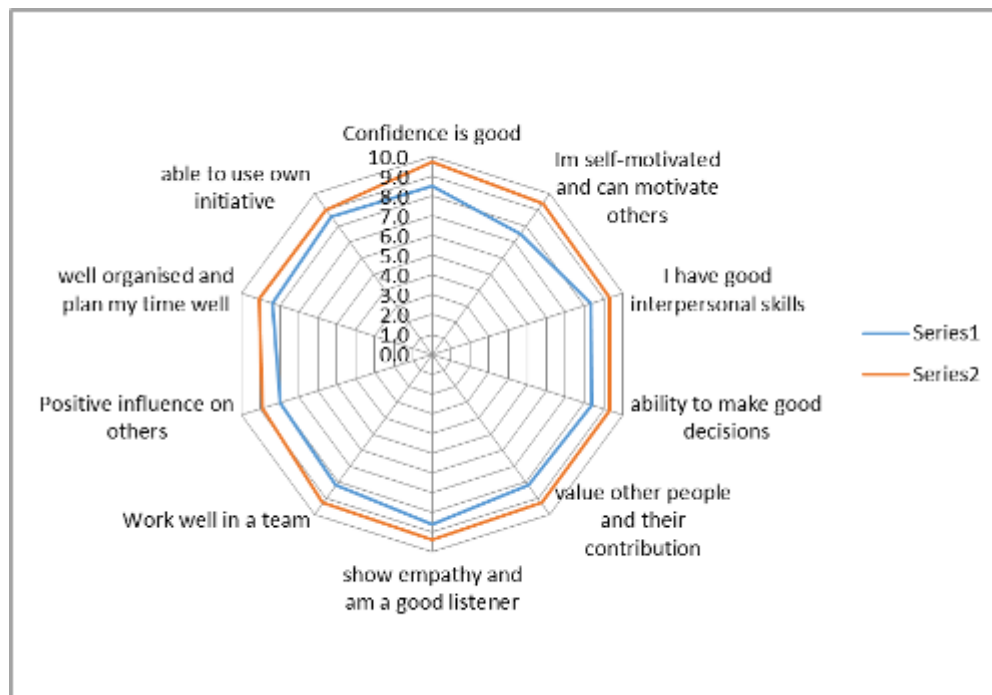
Impact:

	Start	End	Difference	% increase
Confidence	5.5	9.5	4.0	40.1%
Ambition	5.9	8.9	3.0	30.0%
Creative	5.5	9.2	3.7	36.5%
Resilient & determined	5.6	9.0	3.4	34.1%
Communication	5.5	9.0	3.5	35.1%
Manage feelings	5.3	9.0	3.7	36.9%
Relationships	5.6	9.1	3.5	34.7%
Independence	6.2	9.1	3.0	29.6%



Volunteers / Young Leaders' Impact:

Summer School	Start	End	Difference	% increase
Confidence is good	8.5	9.7	1.2	12.0%
I am self-motivated and can motivate others	7.5	9.4	1.9	19.0%
I have good interpersonal skills	8.3	9.3	1.0	10.0%
ability to make good decisions	8.4	9.3	0.9	9.0%
value other people and their contribution	8.2	9.3	1.1	11.0%
show empathy and am a good listener	8.6	9.4	0.8	8.0%
Work well in a team	8.2	9.3	1.1	11.0%
Positive influence on others	8.0	8.9	0.9	9.0%
well organised and plan my time well	8.4	9.1	0.7	7.0%
able to use own initiative	8.6	9.0	0.4	4.0%



Some of the Indoor & Outdoor Activities:





